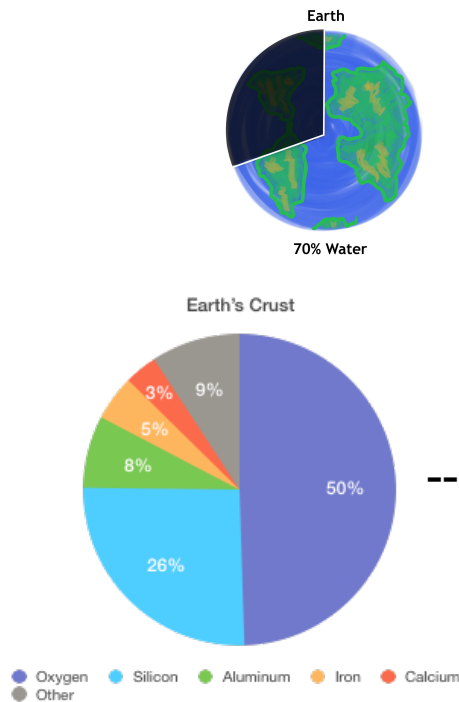
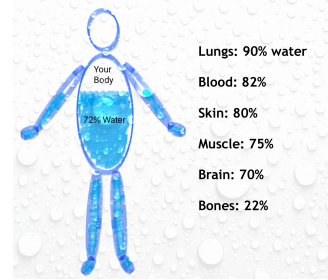


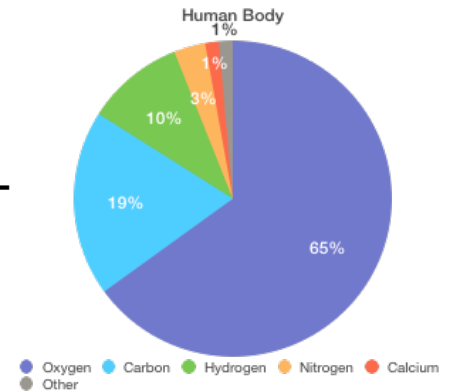
Earth's Body ... Human Body



----- Water -----



----- Chemistry -----



The Human Heart

Which sounds truer to you? ...

The **Brain** told the **Heart** told the **Blood** told the **Muscle**, then I moved.
or ...

I wanted to move, so **Blood** went to my **Muscle** as my **Heart** reacted, then the **Brain** was told what we were doing.

SYNCHRONY IN SPORTS

CAN SYNCHRONY IN SPORTS BE USED AS A MEASURE OF TEAM CHEMISTRY?

“There go my people; I must rush to catch up with them, for I am their leader”!
Mahatma Gandhi



The heart is the body's faithful leader that catches up with whatever you want to do. It is always trying to get in sync with you and also with anybody for whom you have empathy.

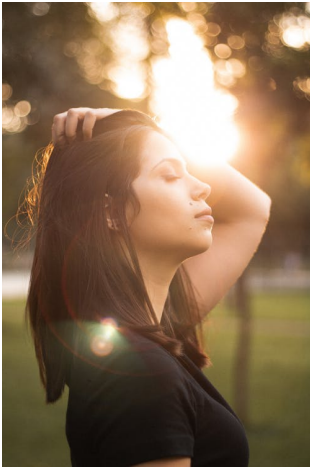
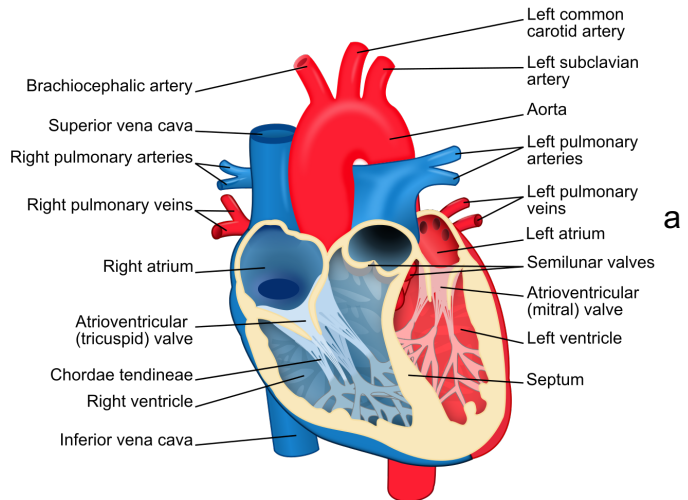
The Human Body

How many times has your heart beat so far, since you were born?

Does it ever stop?

Is there any other muscle that can run continuously?

How many times does your heart beat during breath?



How many breaths do you take in a day?

Does it ever stop?

Can you hear yourself breathing?

The Human Body

