

# Two Wolves ... II

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Who am I to touch an ancient Cherokee legend? I apologize in advance ... but I'm sorry – as far as I'm concerned it is my right to re-write the legend. I'll go even further. We humans stand at a hugely important moment in our history. We may or may not survive the great change that is upon us. We have to step up and take control of our destiny. And if that means re-writing the codes we have lived by for thousands of years – then so be it.

This is the time to leave the old ways behind. We must write a new story – we must make a new kind of history of humankind.

The new way must be about inclusion ... inclusion of different peoples, but also bigger differences. We must find a way to include both the light and the dark. So without further ado, I give you the ancient Cherokee legend of the “Two Wolves” followed by my humble attempt to revise the legend for the next version of humankind, “Two Wolves II.”

## Two Wolves

An old Cherokee was teaching his grandson about life. "A fight is going on inside me," he said to the boy.

"It is a terrible fight and it is between two wolves. One is evil, the other is good. The same fight is going on inside you - and inside every other person, too."

The grandson thought about it for a minute and then asked his grandfather, "Which wolf will win?"

The old Cherokee simply replied, "The one you feed."

- an Ancient Cherokee Legend



# Two Wolves II

Two wolves live  
inside of me.  
One is trapped  
the other free.  
The two of them  
just want to be.

They fight sometimes.  
Now good, now bad.  
The trapped one wants  
what the other had.  
I feel this fight  
when I am sad.

Grandpa said,  
“Watch who you feed.  
He will win.  
He’ll take the lead.”  
I hope some day  
that both are freed.

- John Bickart 2011, inspired by an Ancient Cherokee Legend