## What is a Light Year?

1. How many km can light go in a minute? [Light goes 300 million m per second.]
2. How many km can light go in a year? [This is the definition of a LIGHT YEAR!]

The Power of a Woman
3. How many watts of power does a woman use in one day?

GIVEN:

- I watt $=\frac{\text { I JOULE }}{\text { SEC }}$
- A woman eats $\frac{2,000 C A C}{1 \text { DAY }}$
- 1 CALORIE $=4,184$ JOULES
- $1 \Delta A V=24$ HRS
- 1 HOUR $=60 \mathrm{~min}$
- $1 \mathrm{~min}=60 \mathrm{sec}$

$$
\frac{4,184 \mathrm{~J}}{1 \mathrm{CAC}} \times \frac{2,000 \mathrm{CAL}}{1 \text { SAC }} \times \frac{1 \text { DAY }}{24 H R S} \times \frac{1 \mathrm{HR}}{60 \mathrm{mIN}} \times \frac{1 \mathrm{MIN}}{60 \mathrm{SEC}} \times \frac{1 \text { WATT }}{1 \mathrm{~J} / \mathrm{SEC}}=\text { WATTS }
$$

