

Science Lesson #6
The “World Gym” Theory
(Quantum Science)
www.bickart.org



[Introduction to Fables and Science](#)

Today’s Lesson

First, I’ll tell you about my “***World Gym***” theory, then let’s think once more of the message of that quantum science effect, called ***Entanglement***.

My Theory that the World is One Big Gym

What if the Physical World is One Big Gym!?! Suppose some aliens came to visit and you took them to a gym. You would explain that you work out at home, outside, and regularly at the gym. You take them in and show them around. “Here is a

machine that makes your legs burn. This one hurts your neck and this one over here causes pains in your biceps and triceps. You see, the resistance of each machine makes you work to break down your body, so that it builds up better than before.” You hear yourself sounding pretty funny and you think that he might be wondering, “Why?” You say, “No pain, no gain.”

After much explanation it is clear that to keep in shape, we have to build our bodies. You realize that we keep going back to the gym because we want to develop ourselves and maintain ourselves. You tell them that to maintain health, we can't do nothing - we must be moving forward.

Finally, the aliens get it. They say, “We see. This is how you develop - you build your body. It's the same throughout the galaxies We've visited. It appears that everyone wants to development.”

What is the difference between Physical and Spiritual?

Picture a spiritual place with no physical bodies to maintain - a place outside of space and time, where you could get anywhere in no time and not need food or money - a place where several entities could be in one place and one entity could be in several places at once - a place where you are one with all? What would be the purpose of coming to a place that seems to be non-spiritual - a place where things appear to be separate, and it takes time to get anywhere? After all, if you knew you were at oneness with everything in the spiritual world, why would you go to a place where it appears you are separate from everything and everybody? What would be the purpose of going down to that place to have a life? Could it be like the gyms? Could the gyms be where you develop physical bodies and the physical world itself be one big gym where you develop character?

[*\[Play video here to see live demonstration.\]*](#)

Look at [[Fable #19](#)] (Bickart, 2020, Volume 1) to see an example of one way to make this point. We are repeating Fable #19 intentionally, because we like it so much!



#19 *The 5 Rules of Living*



A traveling rooster claimed he could teach the most important life lessons a new-hatched chick should know. He declared that he could tell them how to make the adjustment from heaven to earth! And he brazenly boasted that he was the owner of THE 5 RULES OF LIVING! “It’s quite simple,” he would say, “I’ll just explain how in heaven everything was together; but here on earth everything appears separate.” Here are his rules. See what you think ...

1. Do not touch other chicks’ stuff or person. It’s not yours. You are separate. (Yet, somehow ... try to act as if you are not separate.)

2. If stuff is not yet claimed, grab it before someone else does. For example, if there’s some food on the ground and someone else grabs it, your body will go hungry. You see, the food will go in their body. You are not one with their body. You’re separate. So quickly grab it for yourself. (Yet, somehow ... try to learn to leave some for someone else.)

3. *Watch out for mine-not-yours-certificates. They come in round, metal coins and rectangular paper. Grab them, too. If you do not, your body won't be allowed to buy stuff; but the other bodies will. (Yet, somehow ... try to leave some of these, too.)*

4. *You will be told repeatedly to share. This means willingly not keeping stuff for your body so that it goes to some other body. This mostly works while adults are watching. This usually does not work out in the yard, in private, or pretty much anywhere else. (Yet, somehow...try to learn this, anyway.)*

5. *Try to find how to undo physical separateness. It is called oneness. Your chances are slim because most chickens do not even believe it is possible. It happens to approximately 1 in a million chickens, 1 in a million times. Good luck. (Yet, somehow ... if you can achieve oneness against all of these odds and against all of the above difficulties down here on earth, it may be the most important thing you do in your life!)”*

**SEPARATENESS IS A SUBTLE DECEPTION
OF LIFE ON EARTH**

What is provocative here?

Learning to learn may be the greatest lesson. And since the only one you can count on to always be with you is you - become your own teacher and you're set for life! And remember to OBSERVE well before you go into a lot of analytical thought (see the Lesson on [Becoming a Great Observer](#)).

Why Use Fables to Teach Science?

We are repeating *The 5 Rules of Living* intentionally, because we like it so much!

The 5 Rules of Living

Conversation Starters

- How do you feel when you hear about another set of rules? Are there any rules that you like?
- What do you think the “*mine-not-yours-certificates*” are? Why do you think they were called that in the story?
- What do you think of sharing? Do adults share? If so, in what situations? When don't they?
- Do you think that the human race might be connected? Do you think any other species are? What else might be connected and in what way?

References

Bickart, J. (2020). *Bickart's Just-in-Time Fables (Volume 3)*
(Vol. 3). Asheville, NC: Red Shirt Interactive Group.