

Wake Up Call #11a

Teach Yourself

Teach yourself? How would you teach yourself? To develop this thought let me just read from the Tao.

*"Man takes his law from the Earth;
the Earth takes its law from Heaven;
Heaven takes its law from the Tao."
(Tzu, 2012/circa 500 BC)*

Each little thing takes its law from each next bigger thing. As above, so below. All of the whole WAY - the Tao - is *the way* - the entire whole everything - which is in some interpretations of the Tao, The Great Integrity, or the ONE - that is in each little part. To see the world in a grain of sand. To see the whole of everything in each part. In Einstein's Relativity he says that one particle contains the effect of every other particle in the entire universe.

So, if every single little part has the whole, all of the other parts in it, you can play a nice game. So, today's exercise is a game that helps you *teach yourself* using these ancient teachings. It assumes that the whole universe is in you!

One way to play this - there are many ways to play this game - one way to play is to assume that you are all of humankind. So, what happens to you is a model of what happens to all of humankind. All of humankind grows up like you grow up. When you're born, that's like when humankind was born - when it was young. When you are growing up as a child, that's like humankind growing up like a child. I think humankind is just getting out of childhood right now.

So, the game is to use clues from how you grew up to see how humankind might grow up. There are clues from the crazy things we do, when we go through puberty and fiiiiiiiiinally come out of our teens and start to grow up. I think that is what humankind is doing right now. I don't know, but you can play this game and keep watching. This would mean that when you are in your older age and mature, maybe you are going to do things that humankind is going to do when it finally starts getting a little mature. Maybe.

And then you can play it with a day. Instead of all of humankind to one life, how about one life to one day? So, when you got up this morning, that's like your early, early childhood. When you were in the middle of your day, that's like the middle of your life. And that means toward the end of your day, activities you choose and the way you behave and your posture toward life may be a clue as to how you are going to be in later life.

It's a really fun game. You can play it all of the time.

By the way, where were you when you were asleep? What does that pertain to in your life, and what does that pertain to for humankind? Could it be we were in heaven and we came down? At night, do you go to heaven and come back? In life, did you come from some spiritual world and come to the physical world? Did humankind come from a spiritual world to a physical world, and are we going back there?

It's a fun game. And I leave it to you. There's the wake up call for today. Play that game, and look for clues that are existential - "What does this tell me about my life?" It's not just fun. It's very, very informative. Well, I leave you with that - see you in one of those tomorrows.



References

Tzu, L. (2012/circa 500 BC). *Tao te ching*. Savannah, GA: Green King Press.