



#144 The First Verb



*A spiritual being of great import was naming all of the creatures and plants and rivers and rocks. She named the lion and the lamb. She named the oak and the fir. She named the great chains of mountains and the ancient rivers that flowed from them to the oceans. Then she came to the mortals. "I will name you 'human being'," she proclaimed. The human expressed gratitude, but then, asked a question. "I hear that I have the name, 'human'. But please explain why I also have the name, 'being'? Am I two different things?" "Oh no," explained the exalted one, "you are not two things. You are not even one thing. No part of the entire creation is a **THING**. A thing is a noun. It is a static object. All of creation is in motion - it is always believing, then intending, then becoming. Your name describes what you do - not what you are. What you are doing is **BECOMING**, a verb. A tree is a verb. It describes being tree-like, a mountain is being rock-like. Do you understand?" "I think so," said the human being, "then what are you?" The creature expanded to show all creatures within her. You could see every possible color and shape and you could hear every song as she answered, "**WE ALL ARE BECOMING WHAT I AM!**"*

BELIEVE, THEN INTEND, THEN BECOME