	PHYSICS Energy Calculations Quiz
•	Work [W = fd] Power [Power = W/t] Potential Energy [PE = wt h] Kinetic Energy [KE = ½ mv²] Work - Energy Theorem [W = ΔKE]
1.	A lifter lifts a 453.2 pound barbell 0.44 meters off the ground (1 lb is about 4.45 Newtons). How much $work$ did he do in joules (1 j = 1Nm)? Work = j
2.	What is the <i>power</i> of a 500 horsepower truck that someone is driving to get several tons of McDonald's hamburgers, in watts? Remember that 1horsepower = 750 watts.
	Power = watts
3.	How much <i>potential energy</i> does a 55.8N rock have if it is on a cliff that is 321.2m above the valley floor? Remember that $1j = 1Nm$.
	PE = j
4.	a) How much <i>change in Potential Energy</i> is accomplished by carrying a 6.7N bowling ball horizontally across the room for 99m? b) How about the work of lifting it 1.84m?
	a) W = j
5.	a) How much <i>kinetic energy</i> in joules does a .133kg ball thrown at 42.5m/s? b) How about 0.1kg bullet shot at 777.55 m/s?

6. ***EXTRA CREDIT***

a) KE = _____ j

a) How much *work* in joules does a 666 kg car exert in slowing down from 25 m/s (which is about 90 km/hr or 60 mph) to 8.3 m/s (which is about 30 km/hr or 20 mph)?

b) KE = _____ j

b) Since the formula [$KE = \frac{1}{2} \frac{mv_2}{mv_2}$] has velocity being squared, how much more stopping distance will the car need at 90 km/hr compared to 30 km/hr?

a) KE = _____j

b) stopping distance of _____ times more