

# Heart Thought

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Tackle big problems  
starting right where the problem lies.

Are you willing to take one step at a time?  
Can you take the next one step right in front of the last – without trying to skip steps?  
Can you keep your heart tied to the stars and beyond?

True direction comes from constantly resetting your orientation.

Remember the lofty goal you wish to reach.

If your head points down,

You'll walk in a circle.

If your head points up,

no matter how small the steps, you head back home.

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Learning must be threefold:

- I. Think through the truth you can see in your current place.
  - II. Be willing to move out, beyond your smallness.
  - III. Constantly reset your direction by letting the heart decide which way to go.
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## *Heart Thought*

*As a child I asked why the wind whistles so.  
My brother said "Be afraid when it blows."  
Father explained, "Your brother wants to tease.  
Next time, choose to laugh; set yourself at ease."  
Mother brought them outside to the trees.  
"See branch and bird – it's just a breeze."*

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*As they went inside, I wish they had heard ...  
Wind thanked Moon for Branch and Bird.  
Then Moon thanked Sun for Light from afar.  
Sun did the same to every Star.  
Each Star looked up, and taking a turn,  
thanked Space for teaching us how to learn.*