

Story #16b

Separateness is a Subtle Deception of Physical Life

*16. Connect to your student on a level that is deeper than
analytic comprehension.*

(The Teacher's Bill of Rights)

In the movie, *The Matrix*, Morpheus says to Neo, "It is the world that has been pulled over your eyes to blind you from the truth".

I believe that separateness is not true. It's here in this world, in the physicality of this world, but I don't think it's true.

You know, back in the 90s, I was under contract to the Canadian Federal Government in the penal system, teaching in Ottawa, their capital. There were about 30 people in the room - the French speaking and the English speaking. They told me, "Oh, don't worry, we'll take care of you. We'll all speak English." But when they set up the room, I was amazed to see a giant aisle down the center of the room - all of the French-speaking people on one side - all of the English-speaking people on the other side. The separateness was palpable.

You know, we have two of everything - two hands, two legs, two arms, two ears. I believe that *twoness*, duality itself goes with separateness, and that we are immersed in a physical world where we see everything as separate from each other and it is very easy to take on the idea, "Well, there's '*us*' and then there's '*them*'. Well, there has to be two parties. There has to be an opposing view to anything I hear." And so, we are kind of indoctrinated - surrounded by this idea of being separate. So, it gets me to thinking, "Why? If I

use Dr. Lisa Miller's *Quest Orientation* that she suggests, where I might think that the world is good, and I might say, "Everything that happens that might be a little difficult, might have a purpose and I can use it. It's good for me, because I can learn something." Then, I have to ask, "Why separateness?"

And I come up with this ... Put your hands over your ears right now. Do you hear what the ancient Indians called the thousand crickets - the *pshhhhh* sound that's in there? Well, it's always there, right? You know this. And you don't hear it because it's constant. If you had a tone that constantly played, you wouldn't have music. It's the breaking up the tone and varying the tone that makes it music. Break up light, you have color. Break up form, you have beauty. If separateness could make music and beauty, can we use it as if we are in a gym, and we are there to overcome separateness, and bring it back into harmony and mix it back into oneness? And if so, and we use it as an exercise, can we achieve peace on earth? Oneness again. So that, instead of being immersed in it and maybe taking it for granted, we achieve oneness by an act of will on our part.

So, that's my message for today. I'll see you in one of those tomorrows.

