Story #20b The Role of Belief

20. Allow for the possibility of becoming inspired by a belief prior to its arrival in your conscious mind; but then, check it out analytically to see if it makes sense.

(The Teacher's Bill of Rights)

Ok, for the final 20th one, The Role of Belief. Do you remember on my first one - the first Wake Up Call and the first Story, I said, *First Change Yourself*? Well, yeah. Do you want to be the change you wish to see in the world? Then, you have to change yourself. You have to be the change.

Lisa Miller said it better than I could say it. "This is perhaps the biggest revelation of the awakened brain: that it's in our innate nature to build a better world. That what's good for everyone is also what's best for each one of us." (Miller, 2021, p. 224) We could do this. It's in our innate nature.

In all of my talks, I constantly am trying to say that if you want to make a change to yourself - or anything:

- first, figure out what you want to change,
- then, believe it,
- then plan it.

Belief comes before planning. Belief is a causative, not a consequence. First believe it, then plan it. Going around planning things without really being invested doesn't work. So, yes, you have to arrive at a plan, but you have to believe that you are going to do it first. You must invest all of your effort in that

belief stage. That's where we fail. That's why we don't have world peace. It's because we can't really believe it - "Oh, I don't think that's really going to happen." We say it at a pageant. "Oh, the thing I want most is world peace!" But everybody goes home saying, "Yeah, but I can't see how it's going to happen!"

Today's message is perhaps my biggest message. It's got the most juice in it. This is important. You can't see the next version of yourself from the current version of yourself. That's why it's the NEXT version of yourself! You're going to be different in the next version of yourself - you will have made the change you wanted to make. You could have imagined certain qualities of it. Perhaps the change or star you hitched your wagon to is *sharing*. Or perhaps you wished to see the human race *not fighting*. I would like to see peace. I would like to see happiness. But, how you are going to get there is always the question that stops you! The problem is that we let that question of *the plan* stop us.

What everyone does - that is the blind spot of our time is to say, "Well, I can't see how to get there." Right! You can't because, that's precisely why we're not there. The current version of us can't see how to get to our next version or else we would be at the next version. There's enough food on the planet. We just can't see how to share it.

The human race has to be told, "Believe that there will be enough. Believe that after you start doing this act of sharing - that you cannot conceive of at this time - everything will be alright." You can't conceive of your next version at this time - a version where you will want to share, where you won't be happy until the person next to you is happy. You can't conceive of it in

your current condition, because you're not there (in the next version of consciousness). But the way to get to that future consciousness is by starting to believe. You take a step in pure belief, and you don't even see the net. But it will appear. And then, you start to feel a little bit for your fellow human, a little bit more than yesterday. And then you see the next step because you took that step. And the way to proceed is in the dark, with blinders on, because of your belief. And then ... you get to plan. You cannot ever get the plan for the next thing that you are going to be, before you ARE it.

This is a giant blind spot of our time. This is what you must overcome, if you want to change or transform yourself. That is my final and best message that I've got. So, I want to go see one of those tomorrows, because it's going to be better than today. I just know it. And thank you very much if you've been listening.



References

Miller, L. W. E. S. (2021). The awakened brain: the new science of spirituality and our quest for an inspired life.