

# The Next Version of **You**

12 stories that highlight the use of INTUITION  
to update your life

(Second Edition)

JOHN BICKART, PH.D.

Red Shirt Interactive Group  
Asheville, NC

Cover art by Wendy Bickart

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**The Next Version of You** *can be used as a personal self-development workshop designed to transform you into the next version of yourself, or as a feel-good, quick read.*

**The Next Version of You** is a collection of twelve essays that can be used as your own personal handbook. Each chapter shows a different facet of how you intuitively know, in your heart, how to transform your life. Do it now. Take the immediate step in front of you today. Don't wait until tomorrow.

**Author:** John Bickart, PH.D., **Edited by** Andrew Leaf

## **Acknowledgements**

Wendy senses blind spots when I do not. She can empty herself and give everything to what is in front of her. She meets me at every turn and puts a new spring in my step. If not for her, I don't really know which way I would be facing. Dad and Mom brought me up to watch for the twist in life's stories. Colleen, Charlie, Barbara, Doug, Rachel, John, and Kevin taught me to hang on while down turns, turn up. Andy and Polly taught me to love and laugh while you cry. Claire and Ed taught me that all the fun in life is in turning. Ray taught me the joke of teaching is actually respecting. Al showed me how to teach science with a twinkle in the eye the way that John taught him to teach what Emerson and Steiner taught him - that every fact is the last issuance of something bigger. Faraday taught me to love fire and the secret that there are primary colors of electricity. O'Henry taught me how to give Christmas presents with a twist and Anderson taught me that the moral to the story is that whatever the old man does is always right ...

So basically, with all of this help, I can't go wrong.